



Teambuilding Activities Packages

All of our activities are bespoke to your group; we make tailored packages for you, with you, to maximise the adventure for attendees on the day.

Bushcraft

Escape to the wilds for an immersive bushcraft experience. Ideal as a therapeutic, fun activity for those who want to dip their toe into the world of bushcraft and learn some survival skills as a team.

- 🕒 **Camp Setup** – Erecting Shelters with tarps and learning useful knots.
- 🕒 **Fire Lighting** – No matches required. Learn how to make fire using ancient techniques from materials you can most likely find in the woods.
- 🕒 **Knife Skills & Whittling** – Craft pot hangers to boil water for a brew over your very own fire.
- 🕒 **Campfire Cooking** – Once our fire is roaring, cook a diverse range of delicious meals for lunch or dinner, or sweet treats such as bread, popcorn and hot chocolate.

Geocaching

With a Map/Compass or What3Words, find the waypoints at each hidden location and solve each card's puzzle, riddle, or challenge.

Stand Up Paddle Boarding

Take to the water in style on one of our 10ft SUPs; we'll have you paddling standing in no time. We tailor our sessions specifically to your group's aims, be that a lesson focussing on some SUP skills or paddling techniques, a few team games, or a gentle paddle in a serene spot.

Dragon Boating

Fancy trying one of the worlds oldest sports? Dragon Boating is around 2,500 years old and originates from Guangdong Province, China. We've partnered with Dragon the Deben to offer this awesome team paddling experience (suitable for up to 10 paddlers + a drummer, in each of the 2 boats) along the Deben, a beautiful river steeped in history, including opposite our launch ... the famous Anglo Saxon burial site Sutton Hoo.

Archery

Targets up, take aim, release, bullseye! The simple and satisfying art of yesteryear, guaranteed to engross the group and add a helping of healthy competition through an array of team games and multiple target faces.

Axe Throwing

Channel your inner; Viking, Apache or Ninja, with our axe throwing sessions. Sure to get the heart racing, as you take to the target like a Viking to water. Also, despite its name and truly exhilarating, axe throwing is a very low-risk activity conducted with a trained instructor.

Teamwork Challenges & Games

Get the juices flowing and the group working together with some of our brilliant team challenges & games.

- 🕒 **Rope Problem Solving** – Teamwork is key to solving these tangled teasers.
- 🕒 **Plank & Box Command Tasks** – You'll scratch your head, but when the penny drops ...

Pricing

We have tiered packages to suit all budgets and adventures, based on up to 12 people *

- 🕒 **Silver Package** a single activity, up to 2 hours - **£225** (£19pp)
- 🕒 **Gold Package** up to *three* activities, up to 4 hours - **£375** (£31pp)
- 🕒 **Platinum Package** structured with whatever you desire, up to 6 hours - **£495** (£41pp)

* An additional instructor will be required for groups over 12, at a flat rate of £75

For very large groups/whole day activity sessions, please get in touch for a bespoke quote.

How to book:

Scan here for our booking form

or

Give us a call on – **07388091459**

or

Email us at – hello@ecadventures.co.uk

