



EAST COAST ADVENTURES

Private | Education | Corporate

EDUCATIONAL ENRICHMENT DAYS

www.ecadventures.co.uk





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Welcome Message



RECONNECT. RECHARGE. REDISCOVER.

Step away from the screens, escape the noise, and immerse yourself in the beauty of the great outdoors. Our premium outdoor activity programs are designed to inspire, challenge, and empower students of all ages—from primary school to university.

Our activity days foster essential life skills like communication, teamwork, trust, and resilience. Students will reconnect with nature, build confidence, and discover the mental health benefits of fresh air, adventure, and shared challenges in the wilderness.

Let us take your students beyond the classroom and into a world where growth happens naturally, and memories last a lifetime.





Mission and Values

“ We exist to provide joy, inspiration and education for all, through positive, quality, safe and fun outdoor adventures in nature. ”



POSITIVE

Optimism fuels outdoor adventures! We inspire a love for learning, growth, and enjoyment in every experience.

QUALITY

Expert instructors and top-tier gear ensure premium adventures with real value.

SAFE

Safety is our priority. We maintain a professional environment through regular checks, training, and risk assessments.

FUN

Fun drives everything we do! Every session is a chance to learn, grow, and enjoy to the fullest.



How it works

You take a look through our brochure and find out what we can offer you and your students.

Get in touch.

We travel to your school or you come to us at our site by historical Sutton Hoo, Woodbridge.

We work with you ahead of time to plan the ideal, bespoke session/s for your students – no. of activities, no. of attendees, catering if needed etc

You turn up and enjoy. Then leave with great memories, and happier and more resilient pupils!





Build your adventure - on the LAND



ARCHERY

ARCHERY TAG



**AXE
THROWING**



Build your adventure - on the LAND



***TEAMBUILDING
CHALLENGES***

***MOUNTAIN
BIKING***



***GUIDED
NATURE
WALKING***



Build your adventure – in the WOODS



BUSHCRAFT

***CAMPFIRE
COOKING***



GEOTAGGING

...

Build your adventure - on the WATER



PADDLEBOARDING

KAYAKING



RAFT BUILDING



Which Activity Suits You?



Communication and teamwork

Activities like Bushcraft, Teamwork Challenges, and Guided Nature Walks challenge students to communicate, collaborate and solve problems creatively, strengthening teamwork and decision-making skills.



Trust and accountability

Trust building activities such as Paddleboarding, Kayaking, and Geotagging encourage children to rely on each other, fostering a sense of accountability and mutual support.



Resilience and adaptability

Engaging in new experiences like Kayaking, Firelighting or Archery Tag teach young people resilience and adaptability, valuable traits for navigating the uncertainties and pressures of changing environments.



Wellbeing and connection with nature

Immersive outdoor experiences promote positive mental well-being, reduce stress, and encourage mindfulness, allowing pupils to recharge and return to school with renewed focus.



Leadership and confidence

Skill-based tasks such as our Teamwork Challenges, Mountain Biking and Geotagging empower young people to take on leadership roles, and challenge themselves, boosting confidence and initiative among team members.



Why Choose Us?

Over 170



Reviews

We're immensely proud to have worked in many educational settings across the region. From Higher Education to Alternative Provision. Independent Schools to Primary Schools, and home education

From a multi-day booking to a half-day OAA session, or a longer term Outdoor Education Programme or boarders weekend session. We can help.



Where we work

Our home is at **Sutton Hoo Farm, Woodbridge**, in the Suffolk Coastal AONB.

We have worked with many schools in the county and across East Anglia, and can host event days on our site, or can travel to you if you have the facilities, so there's always something we can make work for you. We also run staff and SLT teambuilding sessions!



Customer Testimonials

Farlingaye High School, Woodbridge

East Coast Adventures led a 4 day activities week for Farlingaye High School. It was simply fantastic! The site is so perfect and our students thoroughly enjoyed the variety that the team offered.

The students were all so positive and we can't wait to come back again!

St Felix School, Southwold

ECA came to our school for the day during our end of year activity week.

From the initial correspondence organising the date alongside a bespoke package to the day itself- all aspects were first class. Led by enthusiastic, experienced, knowledgeable and passionate leaders dedicated to providing an all round outstanding educational outdoor experience. Highly recommended!

Suffolk County Council, Friends & Network Project

My Son and I have attended a few sessions with ECA through an SCC project .. the sessions were always very good, Ricky and the team are really knowledgeable, fun and make you feel at ease doing the activities!

Paddle boarding and kayaking a definite highlight! Would recommend ECA to anyone!

Super impressed!



Our Packages

Our packages are clear and simple to understand to make it as straightforward as possible to get your students into the outdoors.

Packages are for up to 12 students, each additional 12 required will require an additional instructor at

£100 for a Half Day & £180 for a Whole Day

All of our packages exclude VAT (if applicable)

Standard Package

Any **LAND** or **WOODS** activity

(excluding Mountain Biking)

Half Day - £345
(Up to 3 hours)

Whole Day - £495
(Up to 6 hours)

Half Day - £425
(Up to 3 hours)

Whole Day - £595
(Up to 6 hours)

Premium Package

Any activity



Contact Information

EAST COAST ADVENTURES
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07388091459

Ricky Burrows, Founder & Head Instructor



www.ecadventures.co.uk



hello@ecadventures.co.uk



**East Coast Adventures,
Sutton Hoo Farm, Woodbridge, IP12 3DJ**

